CAMHS
Overview & Scrutiny committee
15th November 2021

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&

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Overview and update

- Update on inpatient beds for young people across the North East & North Cumbria (NE&NC)

- Overview of the Mental Health, Learning disability & Autism partnership

- Waiting times for community CAMHS in Durham

- Challenges

- Opportunities & Future plans

Update- Specialist CAMHS in-patient provisional

- On 16 September 2020 NHS England and Improvement announced a significant step forward in restoring CAMHS inpatient services in our region.

- Having looked at a number of options, NHS England and Improvement decided that the most realistic and achievable interim solution is to restore CAMHS inpatient services using an alternative provider on the existing West Lane Hospital site. The interim provider will be Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW).

- Through consultation with young people, parents and carers the Hospital was rename Acklam road Hospital and the young people's inpatient ward on the site, was renamed Lotus ward.

- We have a clear pathway for admissions to inpatient beds, we work closely with CNTW colleague's to ensure there's a joined up approach between CAMHS inpatient and our CAMHS community services.

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Overview of the Mental Health, Learning Disability & Autism partnership

Waiting times

- Referral rates are back in line with pre March 2020 levels – **approx. 120 per week over past 3 weeks**

- Initial assessments are being completed within **28 working days** of referral being received – young people with identified risks will be seen within 24 hours or 4 hours by our crisis team if required.

- Mild to moderate interventions for low mood and anxiety.

  - MHST – providing interventions within 80 schools across the county – **within 4 weeks of referral**

  - CPWP – providing interventions to young people in schools who don't have a MHST and young people not in education – **within 6 weeks of referral**

- Complex mental health interventions – waiting times to treatment following assessment range from **10-18 weeks** within the community teams

- Crisis, Intensive home treatment and positive behaviour support teams - **24/7 response**

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Waiting times continued

- The systemwide neurodevelopmental pathway went live in County Durham in early October 2021.

- This offers CYP& families access to support within Durham to meet their needs whilst waiting for diagnostic assessment within TEWV and also post diagnosis.

- Community Eating Disorder team – have seen a significant rise in referrals over the past 18 month
  - New investment in 2021.

Challenges

- Recruitment of particular roles

- Waiting times for Autism & ADHD diagnostic assessments

- Winter pressures

- The continued impact of the Pandemic

  - Referral complexity

  - Staffing

  - The unknown's

●Opportunities & Future plans

- Continue to develop provision for CYP & Families through the CYPMH Partnership across Durham.

- New MH roles within GP practices

- Working in partnership with CDDFT to support admissions on paediatric wards

  - New roles to support Young people in CDDFT with an Eating disorder and/or in MH crisis

- Continue with CAMHS transformation in line with national i-Thrive model

  - Getting help

  - Getting more help

  - urgent response

- Organisational restructure – Clinically led, operationally enabled

- Keeping in touch

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